



October Lunch Menu 2017

Leading Edge Academy



Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Nuggets DF Baby Carrots Diced Peaches Ketchup *** or Choice of Easy Take *** Choice of Fluid Milk	3 Rib BBQ Sandwich w/Bun DF Sweet Corn Fresh Cantaloupe Wedge *** or Choice of Easy Take *** Choice of Fluid Milk	4 Cheese Quesadilla V Refried Beans Fresh Watermelon Taco Sauce *** or Choice of Easy Take *** Choice of Fluid Milk	5 DOMINO'S Cheese Pizza V Dark Green Tossed Salad /Cucumbers Pineapple Chunks FF Ranch Dressing *** or Choice of Easy Take *** Choice of Fluid Milk	6 DF = Dairy Free GF = Gluten Free V = Vegetarian
9 Fall Break No School	10 Fall Break No School	11 Fall Break No School	12 Fall Break No School	13 Fall Break No School
16 Kickin' Chicken Drumstick DF Southern White Beans Fruit Cocktail Dinner Roll *** or Choice of Easy Take *** Choice of Fluid Milk	17 Spaghetti w/Meat Sauce DF Baby Carrots Fresh Apple Wedges *** or Choice of Easy Take *** Choice of Fluid Milk	18 BBQ Chicken Sandwich w/Bun DF Sweet Corn Fresh Banana *** or Choice of Easy Take *** Choice of Fluid Milk	19 DOMINO'S Cheese Pizza V Dark Green Tossed Salad /Cucumbers 100% Fruit Juice FF Ranch Dressing *** or Choice of Easy Take *** Choice of Fluid Milk	20
23 Hamburger w/Bun DF BBQ Ranch Beans Pineapple Chunks Ketchup & Mustard *** or Choice of Easy Take *** Choice of Fluid Milk	24 Chicken Corn Dog DF Seasoned Green Beans Fresh Cantaloupe Wedge Ketchup & Mustard *** or Choice of Easy Take *** Choice of Fluid Milk	25 Cheese Nachos V Tortilla Chips Fresh Sliced Cucumbers Fresh Apple Wedges *** or Choice of Easy Take *** Choice of Fluid Milk	26 DOMINO'S Cheese Pizza V Dark Green Tossed Salad /Carrots Fresh Orange Wedges FF Ranch Dressing *** or Choice of Easy Take *** Choice of Fluid Milk	27
30 Popcorn Chicken DF Steamed Veggies Diced Peaches Ketchup *** or Choice of Easy Take *** Choice of Fluid Milk	31 Macaroni & Cheese V Baby Carrots Fresh Apple Wedges *** or Choice of Easy Take *** Choice of Fluid Milk	*** or Choice of Easy Take *** Choice of Fluid Milk	*** or Choice of Easy Take *** Choice of Fluid Milk	29
*** Add some variety to your HOT lunch! Try our new EASY TAKES!! A different variety available daily!! ***				
MONDAY:	TUESDAY:	WEDNESDAY:	THURSDAY:	FRIDAY:
Chicken Cranberry Spinach Salad GF or PB&J Uncrustable w/String Cheese V	Fresh Fruit & Cheese Bowl GF V or Buffalo Chicken Lettuce Wrap DF GF (Without Dressing)	Southwest Chicken Wrap DF (Without Dressing) or PB&J Uncrustable w/String Cheese V	Garden Salad w/ Italian DR & String Cheese GF V or Turkey & Cheese Sandwich	

**Fresh Fruits & Vegetable selections subject to change based on quality, seasonality, and availability.

*All meals are served with choice of Milk (Skim Chocolate or 1% White)

This institution is an equal opportunity provider